

**Level 2 project – Developing the Spiritual Disciplines**  
**Rough Draft and Final Copy Dates are listed on 4.12 Calendar**

**Rough Draft:**

For each of the following disciplines, share Scriptural support and personal evidence for why the practice is important, using a self-evaluation sheet.

There are a variety of ways to say this perhaps you have heard of spiritual disciplines, practices of grace, spiritual practices, etc... They all refer to the same idea, to deepening and growing your relationship with Jesus. These are helpful ways of developing your spiritual life and not just things that you do to check off of a list. For the sake of continuity, we will be referring to them as spiritual disciplines, but we want you to know that this isn't the only name for what we will be going through.

You will be doing self-evaluations for each of the following Spiritual Disciplines:

- 1) Witnessing
- 2) Prayer
- 3) Fellowship
- 4) The Word (quiet times)
- 5) Scripture Memory

After you have completed your evaluations, female students should submit their evaluations to [rachel@joyel.org](mailto:rachel@joyel.org) and male students should submit their evaluations to [nic@joyel.org](mailto:nic@joyel.org). Rachel and Nic will give feedback on the evaluations.

**Final Project:**

You should update your rough draft from the feedback provided. In addition, you are then to choose 2 additional spiritual disciplines from the following list or ones that you propose and are approved by the Director of the 4.12 LTP. Then fill out additional self-evaluation sheets. The entire project should then be resubmitted, female students to [rachel@joyel.org](mailto:rachel@joyel.org) and male students to [nic@joyel.org](mailto:nic@joyel.org)).

- a) Meditation
- b) Fasting
- c) Study
- d) Simplicity
- e) Solitude
- f) Submission
- g) Service
- h) Confession
- i) Worship
- j) Guidance
- k) Celebration

Additional self-evaluation sheets are found on the 4.12 Resources Page:  
<http://joyelgeneration.org/412-leadership-training/412-resources>